Growing Roses Sustainably

Cindy Worch

What is a Sustainable Rose?

- A sustainable rose is grown without chemical intervention and in the most earth-friendly way. I will use organics first and only resort to chemical fungicides if necessary.
- Sustainable gardening also works in harmony with nature so not to deplete resources faster than they can be replaced. Such as water and soil.
- Only organic pesticides are used in my garden. I like to attract beneficial insects such as ladybugs. I feed the birds which will eat insects as well. A firm spray of water works wonders on aphids and spider mites. Companion plants work as well to deter bad insects.

About Earth-Kind Roses

- National Earth-Kind Rose Research Study began in the 1990's
- Experimental roses received
 - No soil amendments
 - No fertilizer
 - Never sprayed with any chemical
 - Never deadheaded
 - Never pruned (except in cases where the plant was growing into another rose)
- A 3"layer of mulch was maintained year-round
- Once established, the plants will receive 70% less water applied through irrigation
- There were 15 cultivars that made the list from the first trials.

Growing Tips for Sustainable Roses

• Planting Site

- Plant in a location that gets 6-8 hours of sun per day
- Choose a location that provides good air flow. Do not plant too close to one another.
- When it is fully grown, there should remain at least one foot of open space between them. Air flow is important to reduce foliar diseases.

- Bed Preparation
 - Roses do better if the soil is aerated (air in the soil), has good drainage and has water holding characteristics
 - Add rotted manure, mushroom compost, worm castings or any organic matter to the planting site and work it into the soil
 - Check pH and adjust accordingly. Roses do best in a pH range of 6.0-6.5. Too low (acidic) add lime, too high (alkaline) add sulfur.
 - A 3" layer of much after planting is a must

• Maintenance

- Water thoroughly whenever the soil is dry. Water deeply not frequently
- Roses should not be sprinkler irrigated during evening hours. Keeping the foliage dry is best late in the day
- Prune in early Spring. Keep dead and dying branches removed.
- Keep roses clean. Remove any yellowing leaves and keep all leaves picked up around the bottom. With HT and Gr I keep the branches cut 8"-12" off the ground, this keeps the water from splashing up on the leaves

• Fertilizing

- When I prune in the Spring and in July I will add
 - Mill's Magic Rose Mix
 - Alfalfa Meal, Blood Meal, Fermented Citrus Peels, Cottonseed Meal, Feather Meal, Bone Meal, Sulfate of Potash-Magnesia. NPK analysis is 6-5-1
 - Mill's Easy Feed
 - It provides both organic and non-organic nutrients to your plants. It is a combination of Epsom Salts, sequestrate chelated iron, soluble seaweed extract, fish soluble, urea and other fertilizers suspended in water.
 - Bloomkote
 - a controlled-release fertilizer especially formulated for roses and other blooming plants. BloomKote provides a multi-layer poly coating of basic plant nutrients with the added benefits of balanced trace elements and iron. 16-18-14

• Choosing the Right Rose

- Do your homework first. Use the ARS Handbook for Selecting Roses to get the roses' rating. Choose cultivars with a high rating. I try and choose ratings of 7.8 and above.
- Check with Society members to see what they have grown successfully.
- Check with the ARS magazine or website for the American Garden Rose Selections

American Garden Rose Selections

- Roses grown in trial gardens across the country
- 2 years testing
- Evaluated three times per growing season
- Graded for
 - Disease resistance
 - Flowering effect/bloom abundance
 - Bloom and foliage form and attractiveness
 - Fragrance
 - Rebloom habit
 - Hardiness in cold and hot climates
 - Vigor and plant habit

Brindabell Pink Princess & Petite Knock Out





Winners this year for the Southeast



•OSO Easy Urban Legend

• Award of Excellence

- Established in 1973 for Miniature and Miniflora roses
- Since 2013 roses may be entered in a "no spray" or a "preventive spray" division
- Roses which have been in commerce less than a year, seedlings and sports are eligible
- Two-to-three-year testing in seven public and two private gardens across the country
- This year's winners are

• 2023 Winners





'Baby Dainty Bess' (AOE #2020-03)

• 2023 Winners





- Find Out More
- <u>www.americangardenroseselections.com</u>
- <u>www.rose.org</u> search Award of Excellence
- tenarky.org/Roses in Review.htm
- <u>aggie-horticulture.tamu.edu/earthkindroses/</u>
- <u>www.kordes.us</u>
- Suggested Books
 - Everyday Roses by Paul Zimmerman
 - The Sustainable Rose Garden Edited by Pat Shanley, Peter Kukielshi and Gene Wearing
 - Roses without Chemicals by Peter Kukielski